



FEELING LONELY?

Would you like a volunteer to visit you on a regular basis?

Council is working with community partners to tackle loneliness and connect people with the community.



If you're feeling like you could use extra company in your life, the Befriending Program has volunteers who will regularly call and visit people who are feeling left out and provide them with company, conversation and friendship. Want to find out more?

BEFRIENDING MORNING TEA

**Tuesday 26 March 10am to 12pm
at Club on East, 7 East Parade, Sutherland**

RSVP online by 21 March at sutherlandshire.nsw.gov.au/befriending

Come along and meet the community organisations and volunteers, and see if the program is right for you.

GET CONNECTED

If you would like to find out about upcoming local activities and events for seniors join Shire Seniors at sutherlandshire.nsw.gov.au/ShireSeniors

